



QUICK FACTS ABOUT LUPUS

- Lupus is a disease of the immune system that can affect the joints, muscles, skin and many internal organs.
- Individuals with ethnic origins in Africa, Asia, Spain, Hawaii, and America (American Indians) are at much greater risk of developing Lupus than individuals with ethnic origins in Europe.
- Over 90% of individuals with Lupus are women; those in childbearing years seem to be the most susceptible to the disease.

Lupus has NO known cure.

Lupus is NOT contagious.

Ross County Community Action's

Lupus Optimal Health Support Group

“Learning to Live, Cope, and Survive with Lupus”

Offers support to Lupus patients and caregivers. Meetings held monthly.

Call 740-702-7222 for more information

Program made possible with funding from:

